

## Service options

Here's a short list of mentoring programs we offer in conjunction with our equine therapeutics:

- Grief and loss
- Anxiety
- Addictions
- Eating disorders
- Self harm
- Mood disorders
- Confidence building
- Anger expression
- Positive parenting
- Trauma
- Abuse
- ADD/ADHD
- Depression
- Stress PTSD
- Bully prevention
- Family conflict
- Assertiveness
- Self esteem

Sessions at Farmtown are held in:

- Offices
- Playground
- Open-spaces
- Horse corrals
- Large paddocks
- Family-friendly rooms



Horses help bring new hope & healing!

## Executive Director



**Kelly Franklin**

Kelly Franklin is the founder and tireless leader of Farmtown Canada.



With years of experience helping children, youth and families overcome their difficulties, Kelly and her team are educated and equipped (with a great team of horses) to help each person find new hope and healing. Kelly is a certified professional with Eagala Equine assisted therapy programs.



**FARMTOWN  
CANADA**

46703 Mapleton Line  
Aylmer, ON N5H 2R6

519-773-2292

[info@farmtowncanada.ca](mailto:info@farmtowncanada.ca)

CRA Registered Charity Number:  
82553-4563-RR0001



## Helping kids & families through

## EQUINE THERAPEUTICS



**Sharing love. Giving Hope.**

[www.FarmtownCanada.ca](http://www.FarmtownCanada.ca)

## About Us

Farmtown Canada is a registered charity offering year round faith-based Equine Therapeutics helping families, kids, teachers and agencies find new hope and healing for their lives.



### WHY HORSES?

Horses help calm and heal our inner being - often when humans can't get the job done. Equine assisted work often helps clients change and grow more quickly and effectively than traditional clinical and psycho-educational approaches.

### WHAT WE OFFER

- Peer mentoring sessions
- Group therapy sessions
- Equine therapy sessions
- Respite care for Children & Youth



## Services

Farmtown's services are open to children, teens and adults from all walks of life. Sessions focus on needs ranging from personal growth to support for emotional, behavioural and other issues. Our goal, as always, is *positive outcomes!*

Equine Assisted mentorship incorporates horses as a large part of the wellness process. We provide a series of predetermined sessions with a mentor, an equine specialist and a hand-picked horse profiled to suit each person. This helps promote healing and overall wholeness for each participant.

Equine programs at Farmtown are operated under certification with Eagala therapeutic programs.



Equine-assisted therapeutics work!



## Book a consultation

If you're interested in learning more about Farmtown's equine therapeutic programs, please phone our office and leave a confidential message at **519-773-2292**. Or email us at [info@farmtowncanada.ca](mailto:info@farmtowncanada.ca)

Here's how we can help for starters:

- Call to discuss our programs
- Arrange EAP insurance payments
- Set up a series of session dates
- Tour the property and let us introduce you to our team of people and horses...

**Your donations help make Farmtown possible!**



**Thank you!**

**519-773-2292**

**Visit us online at:  
[www.FarmtownCanada.ca](http://www.FarmtownCanada.ca)**